

VITAMINSEA®

MAINE SEA VEGETABLES

Recipe

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BLUEBERRY SALAD

- 1/2 cup Olive Oil
- 1/4 cup Raspberry-infused Balsamic Vinegar
- 1 1/2 tsp. Dijon Mustard
- 1 tsp. Sugar
- 1/4 tsp. Sea Salt
- 1 tbsp. Kombu Flakes
- 8 oz. Fresh Baby Spinach
- 4 oz. Feta or Goat Cheese
- 1 cup Fresh Blueberries
- 1/2 cup Sunflower Seeds

In a medium bowl, whisk together the olive oil, balsamic vinegar, mustard, sugar, salt and Kombu Flakes. Combine the spinach, blueberries, cheese and sunflower seeds in a large bowl and toss well with the dressing.