

DIY Skin Scrubs

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Brown Sugar Scrub (great for sensitive skin)

2 tbsp. Brown Sugar

2 tbsp. Honey

2 tsp. Bladderwrack Powder

3 drops of Lavender Oil

Blend ingredients. Massage into damp skin in a circular motion, leave for 10 mins, rinse with warm water. Apply cool splash to tighten pores.