

DIY Seaweed Face & Lip Care

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Rose Water Lip Scrub

2 tbsp. Sugar or Brown Sugar, fine

Dried Rose Petals, ground

1 tbsp Coconut Oil

1 tsp. Irish Moss Powder

1 tsp Rose Water

Natural Colorant: Pink Mica/Rose Petal Powder

3-4 drops Vitamin E Oil

Small Bowl

Small Containers

Add finely ground sugar or brown sugar to a small bowl. If sugar is coarse, use a food processor to grind into a fine powder. If making a rose petal lip scrub, add a spoonful of rose petal powder or a sprinkle of dried rose petals. Grind or lightly chop the rose petals into smaller pieces first.

Add the coconut oil and Irish moss powder. Mix well to incorporate and thoroughly coat the sugar; this will help ensure the rose water does not dissolve the scrub. Add the rose water, and mix well once again. Add your natural colorant. Store in the refrigerator to prevent bacterial growth.