

Honey Mask

1 tsp. Honey
1 tsp. Organic bladderwrack powder
¼ tsp. Water
Coconut oil

Combine organic powder and honey in a glass dish. Add water to thin to desired consistency, about ¼ tsp. Mix thoroughly. Apply the mask and allow to dry slightly (20 mins). Rinse with warm water. Add a cool splash to tighten pores. Finish with coconut oil to moisturize.

Yogurt Face Mask

½ c. Plain Yogurt
2 drops of Lemon or Orange Juice
¼ tsp. Organic Bladderwrack Powder

Mix all ingredients. Apply to face. Let set 15 mins. Rinse with warm water, end with a cool splash of water to tighten pores.

Banana Face Mask

1 Banana
2 tsp. Honey
¼ tsp. Organic Bladderwrack Powder

With a blender, mix above ingredients. Apply to face for 15 mins. Rinse with warm water, followed by a splash of cool water to tighten pores.

Pumpkin Mask (great for aging skin)

½ can of Pumpkin
2 drops of Honey
4 tsp. Milk
¼ tsp Organic Bladderwrack Powder

Blend all ingredients together. Apply thinly to face. Leave for 20 mins. Rinse with warm water, apply cool splash to tighten pores. Do this mask twice weekly to see improvements!

Oatmeal Yogurt Mask (good for sensitive skin)

1 tbsp. Plain Yogurt
2 tbsp. Oats (not instant or quick)
¼ tsp. Organic Bladderwrack Powder

Mix ingredients together into a glass bowl, until it forms a paste Apply to face and leave 15 mins. Rinse with warm water, and a splash with cool water to tighten pores.

Lemon and Tumeric Mask (great for fair skin)

1 tbsp. Lemon Juice
3 tbsp. Milk
¼ tsp. Tumeric
¼ tsp. Organic Bladderwrack Powder

Blend all ingredients, and apply to face. Let it dry naturally for 15 mins. Rinse with warm water, apply cool splash of water to tighten pores.