

DIY Seaweed Face & Lip Care



Oatmeal Yogurt Mask (good for sensitive skin)

1 tbsp. Plain Yogurt

2 tbsp. Oats (not instant or quick)

¼ tsp. Bladderwrack Powder

Mix ingredients together into a glass bowl, until it forms a paste Apply to face and leave 15 mins. Rinse with warm water, and a splash with cool water to tighten pores.