

DIY Seaweed Lotions & Body Care

www.vitaminseaseaweed.com



Ginger & Lime Whipped Body Butter

½ c. Shea Butter

¼ c. Coconut Oil

¼ c. Grapeseed Oil

1 tsp. Irish Moss Powder

10-20 drops Ginger and Lime Essential Oils

Add shea butter, coconut oil, Irish moss powder and grapeseed oil to a large glass measuring cup and melt in the microwave in 20-second increments. Let the liquid mixture partially set up. Once opaque and holds indentation, add essential oils. Whip with hand help mixer until fluffy and stiff peaks form. Scoop the whipped butter into your container of choice. If the butter starts to melt at room temperature, simply re-whip it and store it in the fridge until ready to use.